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The purpose of the Transgender and Nonbinary guide is to educate and connect UCF students to the many resources and individuals that are available to support transgender identity and transition on campus and in the greater Orlando area.

Regardless of where you are in your transition or your identity, there are resources available to you.

The Transgender and Nonbinary Resource guide was developed out of the office of LGBTQ+ Services at UCF
Social Justice and Advocacy

» Social Justice and Advocacy seeks to create purposeful action through intentional programming and engagement and is responsible for providing oversight to the Multicultural Student Center and LGBTQ+ Services.

» Locations: Spaces are provided for UCF Students who are looking for resources, community, a place to hang out, or a quiet place to study. They are open to all students of all backgrounds, genders, and sexual orientations.

» SJA Lounge: Student Union 207

» Behind the Office of Student Involvement, provides a quiet office environment to meet with UCF staff and an area to gather resources or study, with occasional programming.

» Pride Commons: Ferrell Commons 171

» Across from 63 South, an LGBTQ+ affirming space on campus providing an open hang out and study space, as well as resources and occasional programming.

» For more information on Social Justice and Advocacy, including LGBTQ+ Services and the Multicultural Student Center, visit: sja.sdes.ucf.edu
LGBTQ+ Services

» Retains full-time coordinator position to advocate for the needs of LGBTQ+ students, faculty, and staff.
» Facilitates the UCF Safe Zone series for faculty, staff, and students to better understand and advocate for the LGBTQ+ community.
  » LGBTQ+ 101: A basic overview of LGBTQ+ knowledge and history.
  » Advocates: A demonstration on various methods of advocacy and the challenges of being an advocate for the LGBTQ+ community.
  » Coming Out: A more detailed look on the process of coming out and provides methods on how to support those who are coming out.
  » GOLD: Gender & Orientation Language Diversity, a more in depth look at the spectrum of gender identities and sexual/romantic orientations. Provides opportunity for students to get involved in leadership roles.
» Lavender Council
  » A student advisory board striving to unify UCF’s LGBTQ+ community as well as focus on the intersectionality of our student population. Acting as a liaison between student and faculty.
» Speakers Bureau
  » A program that trains students to facilitate LGBTQ+ discussions that are in relation to their own identity and others.
» Alliance Mentoring Program
  » A mentoring program geared towards pairing LGBTQ+ students with LGBTQ+ Faculty and Staff based on experience and interests.

Contact:
Michael Nunes, LGBTQ+ Services Coordinator
Student Union 207
Social Justice and Advocacy Lounge
407.823.0401 | LGBTQ@ucf.edu
sja.sdes.ucf.edu/lgbtq
Multicultural Student Center

» Multicultural Student Center
» Funded by SGA, with a student executive board, MSC prioritizes educational programming on diversity and inclusion.
» Provides opportunities for LGBTQ+ students to get involved in leadership roles.
» MSC Board
» Pride Director - maintains a position geared towards LGBTQ+ student programming.
» Chairs the LGBTQ+ History Month committee during the month of October.
» Creates educational/advocacy programming for the student body, including Transgender Day

Student Health Services

» Provides a variety of primary and speciality care services for students
» LGBTQ+ Care:
» Although SHS does not provide initial Hormone Replacement Therapy (HRT) prescriptions, providers will assist with referrals to Central Florida community specialists who do.
» Follow up lab tests (taken at UCF and sent to primary physician)
» Refills on HRT prescription needs at the UCF pharmacy
» Offer PrEP/PEP after an appointment with a provider at the Health Center
» Safe Zone trained professional staff
» Preferred name and pronouns on forms
» Purple Pod covers gynecological care needs
» Payment: Students’ primary care consultation and evaluations by the health providers are covered by the Health Fee included in their tuition and fees. Additional Services/materials are either billed to insurance or students may use the low self-pay prices provided.
» Note: Student Health Services cannot write letters of support for gender reassignment surgeries, however they can refer you to community providers who will be able to assist you.

Contact:
Dr. James Schaus
UCF Student Health Services
407.823.2701 | james.Schaus@ucf.edu
shs.sdes.ucf.edu

Contact:
Stefanie Campbell
Student Union 207
Social Justice and Advocacy Lounge
407.823.0401 | Stefanie.Campbell@ucf.edu
sja.sdes.ucf.edu/msc
Counseling and Psychological Services

- A free-of-charge campus agency designated to provide students with comprehensive psychological services through individual or group therapy after an initial assessment.
- Trans* Care Services: The Trans* Care Team at CAPS provides support to students who are pursuing gender confirming procedures, specifically documentation for HRT.
- They offer multiple Trans Support Groups each semester.
- Safe Zone trained Staff
- Payment: CAPS appointments and support groups are free to students! Although, if you are unable to attend an appointment and do not notify CAPS within 24 hours of your appointment a $30 fee will be implemented. Also, if you need psychiatric services, you must receive a referral from a previous medical or mental health provider (can be through UCF), and there will be fees that are not included by the health fees from your tuition. These fees can be paid through health insurance or out-of-pocket.
- Hours: Mon-Thur: 8am - 6pm Fri: 8am - 5pm

Contacts:
Karen Hofmann, CAPS, Director
karen.Hofmann@ucf.edu

Counseling and Psychological Services
407.823.2811
caps.sdes.ucf.edu/services/trans-care-services/
The Registrar’s Office provides the option for preferred name changes on myUCF, Knights Mail address, Webcourses, Card Services, and more.

Preferred Name under myUCF

- This will: change myUCF display name, change roster on webcourses, and give student opportunity to get an ID card with their preferred name.
- To access this feature:
  - Log into myUCF
  - Go to Student Center
  - Scroll down to Personal Information
  - Click the fourth bullet down - “Preferred Name”
  - Enter preferred name and click “save”
- Next time the student obtains/replaces an ID card, their preferred name will be displayed.

To change your Knights Mail Address
- Go to the service catalog on UCF IT’s website.
- Under Communication & Collaboration click “Request for Knights Email Address Change.”
- Follow the steps provided. You may need to log out of your sites and apps to have that name displayed.

To change your Knights Mail Display Name
- Log in to Outlook using a desktop browser.
- Find “My Account” under “Options”
  - (Profile and My Account are separate things)
- There you can edit your Display Name.

For any questions, contact UCF IT.

Contact:
Brian Boyd, University Registrar
Millican Hall 161
407.823.3100 | brian.boyd@ucf.edu
registrar.ucf.edu
Housing and Residence Life

» Housing offers roommate preference options for non-cisgender students.

» After the student begins their housing application they will be promoted to a screen with “The Big 5 Questions”

» One of these questions is: Does your gender on myUCF match your gender identity?

» Students have the options to choose yes or no. If the student chooses no, they will be prompted to a screen where they can input their gender identity and pronouns.

» Students will have the option to select from a list of roommate preference options (they may choose as many as they want).

» Circumstances to contact housing directly:

» Transgender students that have had their gender-marker legally changed (so their gender on myUCF matches their gender identity) but wish to room with other transgender students.

» Situations in which potential roommates’ gender does not match their gender preference option the student selected.

» For more information about housing for transgender students:

» Go to the housing website, select resources, then health and safety, and there is a section about transgender students.
Room Types that have been offered to Trans students:

- **Towers - Fall/Spring/Summer**
  - Single private bedroom, private bathroom (1/1)
  - Single private bedroom, private bathroom (4/4)

- **Neptune - Fall/Spring**
  - Single private bedroom, private bathroom (1/1)
  - Not advertised on housing website

- **North View - Fall/Spring/Summer**
  - Private bedroom, shared bathroom (2/1) with a friend (regardless of legal sex), or another student (regardless of legal sex)

- **Rosen - Fall/Spring**
  - Private bedroom, shared bathroom (2/1) with a friend (regardless of legal sex), or another student (regardless of legal sex)
  - Very Limited

- **Nike/Hercules - Fall/Spring**
  - Private bedroom, shared bathroom (2/1) with a friend (regardless of legal sex), or another student (regardless of legal sex)

**Contacts:**

- Elizah Mizell | Assignments Coordinator UCF Housing and Residence Life
  - 407.823.4556 | elizah.mizell@ucf.edu

- Meredith Varner, Associate Director UCF Housing and Residence Life
  - 407.823.0048 | meredith.varner@ucf.edu

www.housing.ucf.edu
UCF Victim Services

» Provides advocacy and creates awareness on LGBTQ+ relationships and intimate partner violence and sexual assault through services and programming. Services are available 24/7.
» All reporting is confidential
» Has preferred name and pronouns on forms
» Staff Safe Zone trained
» Experience with transgender students
  Open and respectful of identities
  Provide resources to students that are known to be LGBTQ+ friendly
  Encountered issues with students that are gender nonconforming because the local and community resources are all gendered
» Works with UCF Police, Housing, and CAPS to provide services and referrals to students
» Has an unmarked car for confidential transportation

Contact:
On-campus Location:
John T. Washington Center
Suite 108, Green Dot UCF

Main Office/Location: University Tower
12201 Research Parkway, Suite 450
Orlando, FL 32826
407.823.2425
askanadvocate@ucf.edu
victimservices.ucf.edu

Student Legal Services

» Provides:
  Legal name change process with an assigned
  Process with accompanying fees that includes support for advising with legal documentation and attendance to court appointments with students. Fees may be waived as needed depending on student’s financial needs.
  Gender Marker Change option Option from female-to-male or male-to-female on the legal name change form. Must be deemed post-operative with medical procedure.

Visit sls.sdes.ucf.edu for more information on fees and other services provided.

Contacts:
Patricia Dullaghan, Director
patricia.dullaghan@ucf.edu

Jamie Owen, Assistant General Counsel
jamie.owen@ucf.edu

Student Legal Services
Student Union 304
407.823.2538
sls.sdes.ucf.edu
The Office of Institutional Equity Promotes & Supports Equity in the Workplace and Academic Environment

The office includes services through

» University Compliance, Ethics, and Risk Office
» Office of Diversity and Inclusion
» Just Knight’s Response Team
» Human Resources

Process for change of name and gender marker for student workers.

Wellness and Health Promotion Services

» Offers a wide variety of services and programs aimed at helping all UCF students be healthy knights! By promoting a healthy lifestyle habits associated with higher academic performance by providing outreach and educational workshops on safe sex, nutrition, stress management, sleep, healthy relationships, and body image.

o Call 407.823.5841 to make your appointment.

Contact:
Nancy Myers, Director of Office of Institutional Equity
3280 Progress Drive Suite 100
407.823.2771 | nancy.myers@ucf.edu
www.oie.ucf.edu

Contact:
Gabriel Martinez, Sexual Health and Violence Prevention Coordinator
Recreation and Wellness Center 111
407.823-.5841 | gabriel.martinez@ucf.edu
whps.sdes.ucf.edu
Central Florida: Orlando, Melbourne, St. Petersburg, Tampa Bay
Adapted from Equality Florida’s Transgender Resource Guide
For full list of trans-friendly service providers, visit: www.eqfl.org/transactionfl.

The University of Central Florida (“UCF”) does not endorse or recommend any of the service providers listed in this guide. They are merely listed as a resource for informational purposes. UCF makes no representations or guarantees whatsoever with respect to these service providers and/or any other non-UCF entities listed in this guide. UCF is not responsible for the services provided by any of these service providers and/or other non-UCF entities. It is the responsibility of the individuals or students to perform due diligence in researching the respective service providers listed in this guide, prior to utilizing any such service providers. By using the resources listed in this guide, the respective individual or student hereby expressly releases UCF and the UCF Board of Trustees from ANY AND ALL LIABILITIES, RESPONSIBILITIES, CLAIMS, DEMANDS, CAUSES OF ACTION OR INJURY, INCLUDING DEATH, that may be sustained by said individual or student related in any way to the use of such service providers or other non-UCF entities, whether caused by UCF’s negligence or otherwise.

Mental Health Therapists

LMHC, CAP
3530 1st Avenue N., Suite 117
St. Petersburg, FL 33713
727.967.5975
Email: sara@atranslifematters.com
www.atranslifematters.com

Dominique Barritt
407.701.4230
www.dominiquebarritt.com

Anne Fisher, Psy.D., L.P.
Counseling and Wellness Center,
New College of Florida
5800 Bay Shore Road
Sarasota, FL 34243
941.487.4254

Tristan W. Byrnes, LMHC
New Transition Therapy
3825 Henderson Blvd., Suite 405
Tampa, FL 33629
813.716.4264
Email: twbyrnes@gmail.com
www.tgtherapistfl.com

[Sliding Scale, doesn’t take insurance. Provides HRT and Surgery letters. Also provides Skype appointments/sessions.]
Mental Health Therapists Continued

Dr. Amanda Veldorale-Griffin, LMFT  
4090 Deltona Blvd  
Spring Hill, FL 34606  
352.232.5525  
Email: Thefamilyalliance@gmail.com  
Thefamilyalliance.webs.com  
Sliding scale available for those with financial need. Offers Skype sessions.  
Hoping to start a support group.  
Specializes in working with transgender individuals and their families.

Dr. David Baker-Hargrove, PhD, LMHC,  
DAPA, CCFC  
402 N. Magnolia Ave., Suite 220  
Orlando, FL 32803  
407.963.5664  
Email: davedrdrdavidbakerhargrove.com  
info@twospirithealth.org  
twospirithealth.org  
Accepts Blue Cross/Blue Shield, Cigna, Medicaid and Medicare. Offers discount payment options to those paying out-of-pocket (call or email to inquire).  
Provides HRT and Surgery letters. Also, provides Skype therapy sessions.

Primary Care Physicians

Dr. Brenda Berry  
(Gynecologist)  
930 Lake Baldwin Lane  
Orlando FL, 32814  
407.898.1500  
brendabarrymd.com

Dr. Roberto Ortiz  
Bliss Healthcare Services  
2901 Curry Ford Rd, Suite 106  
Orlando, FL 32806  
407.203.5984  
Email: Rortiz@blisshs.com

Dr. Hana Clements  
1629 Lakeland Hills Blvd.  
Lakeland, FL 33805  
863.687.9333

Dr. Roy Finley  
2816 54th AVE  
St. Petersburgh, FL 33712  
727.867.8641

Dr. Adrianne Burrowes  
CFP Physicians Group  
985 State Road 436  
Casselberry, FL 32707  
407.831.5252  
www.cfpphysiciansgroup.com

Dr. Pinero  
1720 South Orange Ave, Suite 200  
Orlando FL, 32806  
407.426.9693  
www.pineromedical.com
Community Resources

Endocrinologists

Dr. Paul Dimarco
417 Corbett St.
Clearwater, FL 33756
727.441.4581

Dr. Wende Kozlow
3333 Cattleman Road, Suite 104
Sarasota, FL 34232
941.379.1777

Dr. Roberto Ortiz
Bliss Healthcare Services
2901 Curry Ford Rd, Suite 106
Orlando, FL 32806
407.203.5984
Email: Rortiz@blisshs.com

Dr. Brenda M. Barry, M.D.
930 Lake Baldwin Lane
Orlando, FL 32814
407.898.1500 Ext. 10
Email: WomenCare@cfl.rr.com

Accepts most insurances. Does not take minors. Letter required. Physician that will supervise HRT, OB/GYN, (Estrogen for MTF).

Physician that will supervise HRT. (Testosterone for FTM)
Education/Community Support

LBGT Welcome Center
2227 Central Ave
St. Petersburg, 727.201.4925
Email: ChrisR@metrotampabay.org
lgbtwelcomecenter.com

T-Network, Part of the Orlando LGBT Chamber of Commerce
5003 Old Cheney Hwy
Orlando, 32807
321.800.3946
Email: gina.duncan@me.com
mbaorlando.org

Southern Comfort Conference (SCC)
Email: Christy@sccatl.org
southerncomfortconference.org

OneOrlando Alliance
Email: info@oneorlandoalliance.org

Metro Inclusive Health
3251 3rd Ave. North
St. Petersburg, 33713
727.321.3854
Email: Info@metrotampabay.org
www.metrotampabay.org

Zebra Coalition
Zebra Coalition is a network of organizations which provide services to LGBTQ+ community and all youth.
Transgender Healthcare: Offers counseling services, integrated mental health and substance abuse program
Payment: Counseling is FREE!
Email: info@zebrayouth.org
911 North Mills Ave, Orlando, FL 32803
www.zebrayouth.org

PFLAG Orlando: Parents, Family & Friends Support
Email: pflagorlando@yahoo.com
www.pflagorlando.org
Helpline (407) 236-9177
877-611-6111

Youth Services
Community Resources

Aging Support

The Center, Orlando
Email: director@thecenterorlando.org
www.thecenterorlando.org

Veteran Services

Keri K. Griffin-Edenfield LCSW, CAP
Orlando Veterans Administration
Medical Center (Veterans Only)
Orlando, FL
407.621.2638
Email: Keri.Griffin@va.gov

Veterans Readjustment Counseling Services
Elisabeth Jackson
Orlando, FL
407.857.2800
Email: Elizabeth.Jackson3@va.gov

Interactive Online Veterans Shared Experiences
www.maketheconnection.net

American Veterans for Equal Rights
Email: info@aver.us
718-849-5665
Aver.us

18 UCF LGBTQ+ Services
Gender Expression

Vocal Coaching
Barbara Oliver M.Ed. CCC/SLP, Speech Pathologist
(Voice and Communication Training)
St. Petersburg, FL
727.418.3065
Email: babz1948@gmail.com

Hair & Makeup
Wigs & More
(Trans Owned)
Port Charlotte
941.979.9999
Email: debbiebarry@gmail.com
www.wigsanmore.com

Wig Villa
St. Petersburg, FL
727.823.3100
Email: wigvilla@verizon.net
www.wigvillaonline.com

Ritzy Rags: Wigs and More
(Wigs, Breast Forms, Cosmetics)
928 N. Mills Ave
Orl. FL 32803
Orlando, FL
407-897-2117
Email: ritzyragsemail@aol.com
www.ritzyrags.com