THE “T” GUIDE
A TRANSGENDER RESOURCE GUIDE TO UCF

LGBTQ+ Services | Social Justice and Advocacy
Division of Student Development and Enrollment Services
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What is the “T” Guide?

The Transgender Resource guide was developed out of the UCF LGBTQ+ Services office.

The purpose of the guide is to connect transgender UCF students to the resources and individuals that are available to support transgender identity and transition.

The resources provided in the guide include UCF and the local Central Florida community.

Regardless of where you are in your transition or identity journey, there are resources available to you and you are supported.
Social Justice and Advocacy seeks to create purposeful action through intentional programming and engagement and is responsible for providing oversight to the Multicultural Student Center and LGBTQ+ Services.

For more information on Social Justice and Advocacy, including LGBTQ+ Services and the Multicultural Student Center, visit: sja.sdes.ucf.edu

Locations: Social spaces are provided for UCF students who are looking for resources, community, a place to hang out, or a quiet place to study. Locations are open to all students of all backgrounds, genders and sexual orientations.

- **SJA Lounge:** Student Union 207
- **Pride Commons:** Maintains an LGBTQ+ affirming space on campus at Ferrell Commons 171 in the courtyard near 63 South

Contact:
Edwanna Andrews, Director
Social Justice and Advocacy
Student Union 207
407.823.0401 | sja@ucf.edu
sja.sdes.ucf.edu
LGBTQ+ Services

» Facilitates the UCF Safe Zone Series for faculty, staff, and students to better advocate for the LGBTQ+ communities.

» Provides student programming and resources geared towards the LGBTQ+ experience including:
  
  o **Alliance Mentoring Program**: A mentoring program geared towards pairing LGBTQ+ students with LGBTQ+ faculty and staff based on experience and interests.
  
  o **Lavender Council**: An advisory committee committed towards advising LGBTQ+ Services on up-to-date programming, including transgender identity and issues affecting the transgender community.
  
  o **Speakers Bureau**: A program that trains students to become comfortable in discussing LGBTQ+ topics in front of an audience that are in relation to their own identity, including transgender issues.

» Retains a full-time coordinator position to advocate for the needs of LGBTQ+ students, faculty and staff.

» Provides opportunities for LGBTQ+ students to get involved in leadership roles.

» Maintains relationships with all offices represented in the “T” Guide for up-to-date information on resources for transgender students.

» Provides and updates a “Q” Guide to UCF Campus which includes resources for LGBTQ+ students which can be found on the SJA website.

» Provides and updates an All-Gender Restroom map of UCF main campus. Digital version can be found at: http://sja.sdes.ucf.edu/docs/genderneutralrestroomsmap.pdf. A printed copy can be found in this guide between campus and community resources.

**Contact:**
Codie Frank, LGBTQ+ Services Coordinator
Student Union 207
Social Justice and Advocacy Lounge
407.823.0401 | LGBTQ@ucf.edu
sja.sdes.ucf.edu/lgbtq
Multicultural Student Center

» A student government funded agency, with a student executive board, that prioritizes educational programming on diversity and inclusion topics.
» Maintains a position on the MSC student executive board geared towards LGBTQ+ student programming.
» Chairs the LGBTQ+ History Month committee during the month of October.
» Creates educational/advocacy programming for the student body, including Transgender Day of Remembrance and Transgender Week of Visibility.
» Provides opportunities for LGBTQ+ students to get involved in leadership roles.

Contact:
MSC Student Director
Student Union 207
Social Justice and Advocacy Lounge
407.823.0401 | msc_sd@ucf.edu
sja.sdes.ucf.edu/msc

Student Health Services

» Provides co-management of health care needs, including:
  o SHS providers will assist with referrals to Central Florida community specialists who have expertise in initiating transgender endocrine therapy (hormones and other medications)
  o Follow up lab tests (taken at UCF and sent to primary physician)
  o Refills on hormone replacement therapy prescription needs when transition from male-to-female or female-to-male
  o Offer PrEP/PEP after an appointment with a provider at the Health Center to discuss HIV prevention options and various cost assistance programs.
» Safe Zone trained professional staff
» Preferred name and pronouns on forms
» Purple Pod covers gynecological care needs
» Note: Student Health Services does not provide initial Hormone Replacement Therapy prescriptions, but will refill an existing prescription from an outside medical provider.

Contact:
Dr. James Schaus
UCF Student Health Services
407.823.2701 | james.Schaus@ucf.edu
shs.sdes.ucf.edu
Counseling and Psychological Services

- Facilitate groups for LGBTQ+ Students
  - LGBQ (Lesbian, Gay, Bisexual, and Queer/Questioning)
  - TGNC (Transgender, Gender Non-conforming)
- Each of these groups provides a confidential, communal space for LGBTQ+ students to come together and discuss identity-related issues they experience with a trained counselor.
- UCF CAPS has a specialized team of providers, the Trans Care Team, who collaboratively work to address the unique needs of transgender students at UCF.
  
  Following a comprehensive assessment to determine appropriateness, CAPS provides gender related letters consistent with national and World Professional Association for Transgender Health (WPATH) standards.
  
  For individuals who may require support beyond the scope of CAPS services, CAPS is able to connect students with community providers for further evaluation of their documentation needs and ongoing care.
- Provide one-on-one counseling appointments for LGBTQ+ students
- Safe Zone trained professional staff

Contacts:
Karen Hofmann, Director  
karen.Hofmann@ucf.edu

Stephanie Preston, LMHC  
stephanie.preston@ucf.edu

Counseling and Psychological Services  
407.823.2811  
caps.sdes.ucf.edu
Registrar's Office

» Preferred Name Change form is available (separate from legal name change) in PeopleSoft, a software that works with WebCourses and recognizes your preferred name in the system.

  o Legal documentation is not required for preferred name change requests.
    (For legal name change, please see the Student Legal Services portion of this guide.)
  o Preferred name change options effect:
    • Canvas (roster/advising)
    • Class Rosters
    • Grade Reports
    • Does NOT include student IDs
  . o Students can self-identify their gender (male/female/gender non-binary, etc.) in the gender marker change option on Preferred Name Change form.

  o Form is available upon request.

» *Note:
  The Family Educational Rights and Privacy Act of 1974, or FERPA, is the United States federal law that protects student records privacy review and disclosure rights. The law guarantees these rights for both current and former UCF students.

  o Does not protect: name, enrollment, date of birth and student ID
  o Protects grades, gender, GPA
  (requires signature for release):

Contact:
Brian Boyd, University Registrar
Millican Hall 161
407.823.3100 | brian.boyd@ucf.edu
registrar.ucf.edu
Housing and Residence Life

UCF Housing and Residence Life works with self-identifying Trans students on an individual basis to find the living situation that will work best for each student. On the “Personal Information” page of the housing application, you may answer ‘Yes’ to the question, “Does your gender identity differ from your legally assigned gender?” (Your legal sex as listed on your admissions application is shown on the ‘Personal Information’ page).

Students checking “Yes” to this question will receive an automatic email directing them to communicate with the specific staff members who can work with them to determine the best housing accommodations possible for their personal needs. Your answers will be confidential and shared with appropriate staff. Students may either communicate with Housing and Residence Life staff via email, phone call, or through an in-person meeting.

**HRL works with students** on an individual basis to determine the best available accommodations for their personal needs. Housing application, asks if: “sex as listed on your admissions application.” Does your gender identity differ from your legally assigned gender?

Below are previous accommodations made for transgender students; HRL cannot guarantee that all options listed will be available:

- Community staff recognize preferred name and appropriate pronouns, including door tags.
- Opportunities to exchange contact information with another transgender student who wants the same type of housing.
- HRL works with students to identify a friend to room with, regardless of legal sex, for placement in 2 bedroom apartment (if available).
- Assistance on use of online roommate matching service to find potential ally roommates roomsurf.com.
- If a student identifies as LGBTQ+ upon their initial housing placement, they can discuss with area coordinator about room change.
Room Types that have been offered to Trans students:

- **Towers – Fall/Spring/Summer**
  - Single private bedroom, private bathroom housing (1/1)
  - Single private bedroom and bathroom (4/4)

- **Neptune – Fall/Spring**
  - Single private bedroom, private bathroom housing (1/1), not advertised on Housing website

- **North View – Fall/Spring/Summer**
  - Private bedroom, private bathroom (2/2), with a friend (regardless of legal sex), another transgender student, or with someone of your current legal sex

- **Rosen – Fall/Spring**
  - Private bedroom, shared bathroom (2/1), with a friend (regardless of legal sex), another transgender student, or with someone of your current legal sex (very limited)

- **Nike/Hercules – Fall/Spring**
  - Private bedroom, shared bathroom (2/1), with a friend (regardless of legal sex), another transgender student, or with someone of your current legal sex

**Contacts:**

Lynell Hodge, Coordinator of Assignments
UCF Housing and Residence Life
407.823.4472  |  lynell@ucf.edu

Meredith Varner, Associate Director
UCF Housing and Residence Life
407.823.0048  |  meredith.varner@ucf.edu

www.housing.ucf.edu
UCF Victim Services

» Provides advocacy and creates awareness on LGBTQ+ relationships and intimate partner violence and sexual assault through services and programming. Services are available 24/7.
» **All reporting is confidential**
» Has preferred name and pronouns on forms
» Staff **Safe Zone trained**
» Experience with transgender students
  o Open and respectful of identities
  o Provide resources to students that are known to be LGBTQ+ friendly
  o Encountered issues with students that are gender non-conforming because the local and community resources are all gendered
» Works with UCF Police, Housing, and CAPS to provide services and referrals to students
» Has an unmarked car for confidential transportation

**Contact:**
On-campus Location:
John T. Washington Center
Suite 108

Main Office/Location: University Tower
12201 Research Parkway, Suite 450
Orlando, FL 32826
407.823.2425
askanadvocate@ucf.edu
victimservices.ucf.edu

Student Legal Services

» Provides:
  o **Legal name change** process with an assigned $400 fee that includes support for advising with legal documentation and attending court appointments with students. Fee may be waived as needed depending on student financial needs.
  o **Gender Marker Change option** from female-to-male or male-to-female on the legal name change form. Must be deemed post-operative with medical procedure.

**Contacts:**
Patricia Dullaghan, Director
patricia.dullaghan@ucf.edu

Jamie Owen, Assistant General Counsel
jamie.owen@ucf.edu

Student Legal Services
Student Union 304
407.823.2538
sls.sdes.ucf.edu
There are two types of discrimination that can be reported by transgender students that are included under Title IX:

» Overt behaviors that have caused significant distress, such as physical harm, verbal harassment, and cyberbullying. Title IX protects transgender students from physical or sexual abuse and all forms of discrimination

» Covert behaviors such as policies that discriminate or exclude a particular person or group of people (e.g. the transgender community).

Contact:
Nancy Myers, Director of Office of Institutional Equity
Wayne Densch I Building, Suite 123
407.823.1336 | nancy.myers@ucf.edu
www.oie.ucf.edu

Wellness and Health Promotion Services

» Staff trained on LGBTQ+ topics
  o Sexual Risks
  o HIV testing and counseling for LGBTQ+ students

» Private and confidential HIV/AIDS rapid testing available
  o Call 407.823.5841 to make your appointment.

Contact:
Gabriel Martinez, Sexual Health and Violence Prevention Coordinator
Recreation and Wellness Center 111
407.823.5841 | gabriel.martinez@ucf.edu
whps.sdes.ucf.edu
As a part of Social Justice and Advocacy, LGBTQ+ Services has identified 21 family/All-Gender restroom facilities located across campus. This map includes a current list as to which additional locations may be added later.

Currently, the university does not have a written policy regarding gender identity and restrooms matters; however, we will be working hand-in-hand with UCF policy-makers to review and clarify campus restroom policies. We would like to stress at this time the importance of making sure you feel safe, no matter the restroom of your choice.

Please email LGBTQ@ucf.edu or call at 407-823-0401, if you have questions or concerns regarding all-gender restroom accommodations. Our office is located in the Student Union, Room 207, and our website is www.sja.sdes.ucf.edu.

*Restrooms are available during business hours.
Central Florida: Orlando, Melbourne, St. Petersburg, Tampa Bay
Adapted from Equality Florida’s Transgender Resource Guide
For full list of trans-friendly service providers, visit: www.eqfl.org/transactionfl.

The University of Central Florida (“UCF”) does not endorse or recommend any of the service providers listed in this guide. They are merely listed as a resource for informational purposes. UCF makes no representations or guarantees whatsoever with respect to these service providers and/or any other non-UCF entities listed in this guide. UCF is not responsible for the services provided by any of these service providers and/or other non-UCF entities. It is the responsibility of the individuals or students to perform due diligence in researching the respective service providers listed in this guide, prior to utilizing any such service providers. By using the resources listed in this guide, the respective individual or student hereby expressly releases UCF and the UCF Board of Trustees from ANY AND ALL LIABILITIES, RESPONSIBILITIES, CLAIMS, DEMANDS, CAUSES OF ACTION OR INJURY, INCLUDING DEATH, that may be sustained by said individual or student related in any way to the use of such service providers or other non-UCF entities, whether caused by UCF’s negligence or otherwise.

Mental Health Therapists

**LMHC, CAP**
3530 1st Avenue N., Suite 117
St. Petersburg, FL 33713
727.967.5975
Email: sara@atranslifematters.com
www.atranslifematters.com

3825 Henderson Blvd., Suite 405
Tampa, FL 33629
813.716.4264

**Erin Robinson, Psy.D., L.P.**
Counseling and Wellness Center,
New College of Florida
5800 Bay Shore Road
Sarasota, FL 34243
941.487.4254

**Dominique Barritt**
407.701.4230
www.dominiquebarritt.com

**Tristan W. Byrnes, LMHC**
New Transition Therapy
447 3rd Ave. N., Ste. 210
St. Petersburg, FL 33701
813.919.6185
Email: twbyrnes@gmail.com
www.tgtherapistfl.com

[**Mental Health Association of Central Florida**]
1525 E. Robinson St. Orlando FL 32801
407.898.0110

*Sliding Scale, doesn’t take insurance.*
*Provides HRT and Surgery letters. Also provides Skype appointments/sessions.*
Mental Health Therapists Continued

Specializes in working with transgender individuals and their families.

Dr. Amanda Veldorale-Griffin, LMFT  
4090 Deltona Blvd  
Spring Hill, FL 34606  
352.232.5525  
Email: Thefamilyalliance@gmail.com  
Thefamilyalliance.webs.com  
Sliding scale available for those with financial need. Offers Skype sessions. Hoping to start a support group.

Dr. David Baker-Hargrove, PhD, LMHC, DAPA, CCFC  
801 N. Magnolia Ave., Suite 220  
Orlando, FL 32803  
407.963.5664  
Email: david@drdavidbakerhargrove.com  
twospirithealth.org  
Accepts Blue Cross/Blue Shield, Cigna, Medicaid and Medicare. Offers discount payment options to those paying out-of-pocket (call or email to inquire).

Primary Care Physicians

Dr. Brenda Berry  
(Gynecologist)  
407.898.1500  
brendabarrymd.com

Dr. Roberto Ortiz  
Bliss Healthcare Services  
2901 Curry Ford Rd, Suite 106  
Orlando, FL 32806  
407.203.5984  
Email: Rortiz@blisshs.com

Dr. Hana Clements  
1629 Lakeland Hills Blvd.  
Lakeland, FL 33805  
863.687.9333

Dr. Roy Finley  
1100 62nd Ave S.  
St. Petersburg, FL 33705  
727.866.3166

Dr. Adrianne Burrowes  
CFP Physicians Group  
985 State Road 436  
Casselberry, FL 32707  
407.831.5252  
www.cfpphysiciansgroup.com

Dr. Barry Rodwick  
Internal Medicine  
2349 Sunset Pt. Rd. # 405  
Clearwater, FL 33765  
727.216.6193

Dr. Pinero  
407.426.9693  
www.pineromedical.com
Endocrinologists

Dr. Paul Dimarco  
417 Corbett St.  
Belleair, FL 33756  
727.441.4581

Dr. Wende Kozlow  
3333 Cattleman Road, Suite 104  
Sarasota, FL 34232  
941.379.1777

Dr. Roberto Ortiz  
Bliss Healthcare Services  
2901 Curry Ford Rd, Suite 106  
Orlando, FL 32806  
407.203.5984  
Email: Rortiz@blisshs.com

Dr. Brenda M. Barry, M.D.  
930 Lake Baldwin Lane  
Orlando, FL 32814  
407.898.1500 Ext. 10  
Email: WomenCare@cfl.rr.com

Accepts most insurances. Does not take minors. Letter required. Physician that will supervise HRT, OB/GYN, (Estrogen for MTF).

Physician that will supervise HRT. (Testosterone for FTM)
Education/Community Support

**LBGT Welcome Center**
St. Petersburg, 727.201.4925
Email: ChrisR@metrotampabay.org
lgbtwelcomecenter.com

**Metro Wellness & Community Center**
St. Petersburg Location
727.321.3854
Email: Info@metrotampabay.org
www.metrotampabay.org

*Tampa Location:*
813.232.3108

*Pasco and Hernando Location:*
727.494.7625

**Transgender & Crossdresses: Phi Epsilon Mu**
Transsupportfl.com

**T-Network, Part of the Orlando LGBT Chamber of Commerce**
321.800.3946
Email: gina.duncan@me.com
mbaorlando.org

**Southern Comfort Conference (SCC)**
Email: Christy@sccatl.org
southerncomfortconference.org

**OneOrlando Alliance**
Email: info@oneorlandoalliance.org

Youth Services

**Zebra Coalition**
407.228.1446
Email: info@zebrayouth.org
www.zebrayouth.org

Facebook: www.facebook.com/zebracoalition

**PFLAG Orlando: Parents, Family & Friends Support**
Email: pflagorlando@yahoo.com
www.pflagorlando.org
Community Resources

Aging Support

The Center, Orlando
Email: director@thecenterorlando.org
www.thecenterorlando.org

Veteran Services

Keri K. Griffin-Edenfield LCSW, CAP
Orlando Veterans Administration Medical Center (Veterans Only)
Orlando, FL
407.621.2622
Email: Keri.Griffin@va.gov

Veterans Readjustment Counseling Services
Elisabeth Jackson
Orlando, FL
407.857.2800
Email: Elizabeth.Jackson3@va.gov

Interactive Online Veterans Shared Experiences
www.maketheconnection.net

American Veterans for Equal Rights
Email: info@aver.us
718-849-5665
Aver.us
Gender Expression

Vocal Coaching
Barbara Oliver M.Ed. CCC/SLP, Speech Pathologist
(Voice and Communication Training)
St. Petersburg, FL
727.418.3065
Email: babz1948@gmail.com

Ritzy Rags
(Wigs, Breast Forms, Cosmetics)
Orlando, FL
407-897-2117
Email: ritzyragsemail@aol.com
www.ritzyrags.com

Hair & Makeup
Wigs & More
(Trans Owned)
Port Charlotte
941.979.9999
Email: debbiebarry@gmail.com
www.wigsanmore.com

Vicki McLoughlin
(Mary Kay Cosmetics)
Orlando, FL
321.544.5579
Email: vickimc05@aol.com

Wig Villa
St. Petersburg, FL
727.823.3100
Email: wigvilla@verizon.net
www.wigvillaonline.com

Hair & Makeup
Wigs & More
(Trans Owned)
Port Charlotte
941.979.9999
Email: debbiebarry@gmail.com
www.wigsanmore.com

Ritzy Rags
(Wigs, Breast Forms, Cosmetics)
Orlando, FL
407-897-2117
Email: ritzyragsemail@aol.com
www.ritzyrags.com

Vicki McLoughlin
(Mary Kay Cosmetics)
Orlando, FL
321.544.5579
Email: vickimc05@aol.com

Wig Villa
St. Petersburg, FL
727.823.3100
Email: wigvilla@verizon.net
www.wigvillaonline.com