A Transgender Resource Guide to UCF
What is the “T” Guide?

The Transgender Resource guide was developed out of the UCF LGBTQ+ Services office.

The purpose of the guide is to connect transgender UCF students to the resources and individuals that are available to support transgender identity and transition.

The resources provided in the guide include UCF and the local Central Florida community.

Regardless of what step you are in your transition or identity, there are resources available to you and you are supported.
UNIVERSITY OF CENTRAL FLORIDA RESOURCES
Facilitates the *UCF Safe Zone Series* for faculty, staff, and students to better advocate for the LGBTQ+ communities.

Provides student programming and resources geared towards the LGBTQ+ experience including:

- **Alliance Mentoring Program** - A mentoring program geared towards pairing LGBTQ+ students with LGBTQ+ faculty and staff based on experience and interests.
- **Lavender Council** - An advisory committee committed towards advising LGBTQ+ Services on up-to-date programming, including transgender identity and issues affecting the transgender community.
- **Speaker’s Bureau** - A program that trains students to become comfortable in discussing LGBTQ+ topics in front of an audience that are in relation to their own identity, including transgender issues.

- Retains a full-time coordinator position to advocate for the needs of LGBTQ+ students, faculty, and staff.
- Provides opportunities for LGBTQ+ students to get involved in leadership roles.
- Maintains relationships with all offices represented in the T Guide for up-to-date information on resources for transgender students.
- Provides and updates a “Q” Guide to UCF Campus which includes resources for LGBTQ+ students which can be found on the SJA website.
- Provides and updates a Gender Neutral Restroom map of UCF Orlando Campus. Digital version can be found here: [http://sja.sdes.ucf.edu/docs/genderneutralrestroomsmap.pdf](http://sja.sdes.ucf.edu/docs/genderneutralrestroomsmap.pdf)
  A printed copy can be found in this guide between campus and community resources

**Contact:**

Justin Andrade, LGBTQ+ Services Coordinator

Student Union 207, Social Justice and Advocacy Lounge, Orlando Campus

407-823-0401

justin.andrade@ucf.edu
A student government funded agency, with a student executive board, that prioritizes educational programming on diversity topics.

Maintains a position on the MSC student executive board geared towards LGBTQ+ student programming.

Chairs the LGBTQ+ History Month committee during the month of October.

Creates educational/advocacy programming for the student body, including Transgender Day of Remembrance and Transgender Week of Visibility.

Provides opportunities for LGBTQ+ students to get involved in leadership roles.

Contact:

MSC Student Director
Student Union 207, Social Justice and Advocacy Lounge, Orlando Campus
407-823-0401
msc_sd@ucf.edu
Social Justice and Advocacy

- Social Justice and Advocacy seeks to create purposeful action through intentional programming and engagement and is responsible for providing oversight to the Multicultural Student Center and LGBTQ+ Services.
- For more information on Social Justice and Advocacy, including LGBTQ+ Services and the Multicultural Student Center, visit our website (sja.sdes.ucf.edu) or download our app for your Android smartphone or iPhone (UCF SJA):

- Locations
  - Social spaces are provided for UCF students who are looking for resources, community, a place to hang out, or a quiet place to study.
  - Locations are open to all students of all backgrounds, genders and sexual orientations.
  - **SJA Lounge**: Student Union 207
  - Maintains a LGBTQ+ affirming space on campus: Pride Commons.

Contact:

Student Union 207, Social Justice and Advocacy Lounge, Orlando Campus
407-823-0401
sja@ucf.edu
Provides co-management of health care needs, including:

- Follow up lab tests (taken at UCF and sent to primary physician)
- Refills on hormone replacement therapy prescription needs when transition from male-to-female or female-to-male
- Offer PrEP/PEP after an appointment with a provider at the Health Center to discuss HIV prevention options and various cost assistance programs.

- Safe Zone trained professional staff
- Preferred name and pronouns on forms
- Purple Pod covers the needs of female-bodied individuals

Things to Note:

- Student Health Services does not provide initial Hormone Replacement Therapy prescriptions, but will refill an existing prescription from an outside medical provider.

Contact:

Dr. James Schaus
UCF Student Health Services, Orlando Campus
407-823-2701
james.Schaus@ucf.edu
Facilitate groups for LGBTQ+ Students
  - Questioning and Coming Out
  - Trans* Support

UCF CAPS has a specialized team of providers, the Trans* Care Team, who collaboratively work to address the unique needs of transgender students at UCF.

Following a comprehensive assessment to determine appropriateness, CAPS provides gender related letters consistent with national and WPATH standards.

For individuals who may require support beyond the scope of CAPS services, CAPS is able to connect students with community providers for further evaluation of their documentation needs and ongoing care.

Provide one-on-one counseling appointments for LGBTQ+ students

Safe Zone trained professional staff

Contacts:
Dr. Karen Hofmann, Director of CAPS
Counseling and Psychological Services, Orlando Campus
407-823-2811
karen.Hofmann@ucf.edu

Stephanie Preston, LMHC
Counseling and Psychological Services, Orlando Campus
407-823-2811
stephanie.preston@ucf.edu
Preferred Name Change option is available (separate from legal name change) in PeopleSoft, a software that works with WebCourses, recognizes chosen name in the system.

- No legal documentation will be needed for preferred name change.
  - (For legal name change, please see the Student Legal Services portion of this guide)

Preferred name change options affect:
- Canvas (roster/advising)
- Class Rosters
- Grade Reports
- Does NOT include student IDs.

Gender Marker Change option on Preferred Name Change form, so students can self-identify their gender (male/female/gender non-binary etc.)
- Available upon request

*Note: Family Educational Rights and Privacy Act (FERPA) - The Family Educational Rights and Privacy Act of 1974, or FERPA, is the United States federal law that protects student records privacy review and disclosure rights. The law guarantees these rights for both current and former UCF students.

- Does not protect: name, enrollment, date of birth, and student ID
- Protects (requires signature for release): grades, gender, GPA, ethnicity, SSN, religion, nationality, and origin

Contact:
Brian Boyd, University Registrar
Millican Hall 161, Orlando Campus
407-823-3100
brian.boyd@ucf.edu
UCF Housing and Residence Life works with self-identifying trans students on an individual basis to find the living situation that will work best for each student. On the “Personal Information” page of the housing application, you may answer ‘Yes’ to the question "Does your gender identity differ from your legally assigned gender?" (your legal sex as listed on your admissions application is shown on the 'Personal Information' page).

Students checking “Yes” to this question will receive an automatic email directing them to communicate with the specific staff members who can work with them to determine the best housing accommodations possible for their personal needs. Your answers will be confidential and shared with appropriate staff. Students may either communicate with our staff via email, phone call, or through an in-person meeting.

HRL works with students on an individual basis to determine the best available accommodations for their personal needs. Housing application, asks if “(sex as listed on your admissions application)"Does your gender identity differ from your legally assigned gender?"

Below are previous accommodations made for transgender students; HRL cannot guarantee that all options listed will be available:

- Community staff recognize preferred name and appropriate pronouns, including door tags.
- Opportunities to exchange contact information with another transgender student who wants the same type of housing.
- HRL works with students to identify a friend to room with, regardless of legal sex, for placement in 2 bedroom apartment (if available).
- Assistance on use of online roommate matching service to find potential ally roommates roomsurf.com.
- If a student identifies as LGBTQ+ upon their initial housing placement, they can discuss with Area Coordinator about room change.
Rooms Types that have been offered to trans students:

**Towers – Fall/Spring/Summer**
- Single private bedroom, private bathroom housing (1/1)
- Single private bedroom and bathroom (4/4)

**Neptune – Fall/Spring**
- Single private bedroom, private bathroom housing (1/1), not advertised on Housing website

**North View – Fall/Spring/ Summer**
- Private bedroom, private bathroom (2/2), with a friend (regardless of legal sex), another transgender student, or with someone of your current legal sex

**Rosen – Fall/Spring**
- Private bedroom, shared bathroom (2/1), with a friend (regardless of legal sex), another transgender student, or with someone of your current legal sex (very limited)

**Nike/Hercules – Fall/Spring**
- Private bedroom, shared bathroom (2/1), with a friend (regardless of legal sex), another transgender student, or with someone of your current legal sex

**Contacts:**

Lynell Hodge, Coordinator of Assignments
UCF Housing and Residence Life Office, Orlando Campus
407-823-4472
lynell@ucf.edu

Meredith Varner, Associate Director
UCF Housing and Residence Life Office, Orlando Campus
407-823-0048
meredith.varner@ucf.edu
UCF Victim Services

- Provides advocacy and creates awareness on LGBTQ+ relationships and intimate partner violence and sexual assault through services and programming
- All reporting is confidential
- Has preferred name and pronouns on forms
- Staff Safe Zone trained
- Experience with transgender students
  - Open and respectful of identities
  - Provide resources to students that are known to be LGBTQ+ friendly
  - Encountered issues with students that are gender non-conforming because the local and community resources are all gendered
- Works with UCF Police, Housing, and CAPS to provide services and referrals to students
- Has an unmarked car for confidential transportation

Contact:

On Campus Location:
John T. Washington Center Suite 108, Orlando Campus

Main Office/Location:
University Tower
12201 Research Parkway, Suite 450, Orlando, FL 32826
(407) 823-2425
askanadvocate@ucf.edu
Services that Student Legal Services provides:

- Legal name change process with an assigned $400 fee that includes support for advising with legal documentation and attending court appointments with students. **Fee may be waived as needed depending on student financial needs.**

- Gender Marker Change option from female-to-male or male-to-female on the legal name change form
  - Must be deemed post-operative with medical procedure

Contacts:

Patricia Dullaghan, Director of Student Legal Services
Student Union 304, Orlando Campus
patricia.dullaghan@ucf.edu
407-823-2538

Jamie Owen, Assistant General Counsel
Student Union 304, Orlando Campus
407-823-2538
jamie.owen@ucf.edu
There are two types of discrimination that can be reported by transgender students that are included under Title IX:

1. Overt behaviors that have caused significant distress, such as physical harm, verbal harassment, and cyberbullying. Title IX protects transgender students from physical or sexual abuse and all forms of discrimination.

2. Covert behaviors such as policies that discriminate or exclude a particular person or group of people (e.g. the transgender community).

Contact:
Maria Beckman, Director of Equal Opportunity and Affirmative Action (UCF)
Millican Hall 330, Orlando Campus
407-823-1336
maria.beckman@ucf.edu

Wellness and Health Promotion Services

- Staff trained on LGBTQ+ topics
  - Sexual Risks
  - HIV testing and counseling for LGBTQ+ students
- Private and confidential HIV/AIDS rapid testing available
  - Call 407-823-5841 to make your appointment.

Contact:
Abigail Malick, Sexual Health and Violence Prevention Coordinator
Recreation and Wellness Center 111, Orlando Campus
407-823-5841
abigail.malick@ucf.edu
As a part of Social Justice and Advocacy, LGBTQ+ Services has identified 19 family/gender-neutral restroom facilities located across campus. This map includes a current list as to which additional locations may be added later.

Currently, the university does not have a written policy regarding gender identity and restrooms matters; however, we will be working hand-in-hand with UCF policy-makers to review and clarify campus restroom policies. We would like to stress at this time the importance of making sure you feel safe, no matter the restroom of your choice.

Please email sia@ucf.edu or call at 407-823-1401, if you have questions or concerns regarding gender-neutral restroom accommodations. Our office is located in the Student Union, Room 153, and our website is www.sia.ucf.edu.
CENTRAL FLORIDA COMMUNITY RESOURCES
Tampa Bay, St. Petersburg, Orlando, Melbourne
(Adapted from Equality Florida’s Transgender Resource Guide)
Mental Health Therapists

Saralee Fackelman,
LMHC, CAP
3530 1st Avenue N., Suite 117
St. Petersburg, FL 33713
727-967-5975
Email: sara@atranslifematters.com
www.atranslifematters.com
3825 Henderson Blvd., Suite 405
Tampa, FL 33629
813-716-4264

Erin Robinson, Psy.D., L.P.
Counseling and Wellness Center,
New College of Florida
5800 Bay Shore Road
Sarasota, FL 34243
941-487-4254

Dr. Amanda Veldorale-Griffin, LMFT
4090 Deltona Blvd
Spring Hill, Fl 34606
(352) 232-5525
Thefamilyalliance.webs.com
Email: Thefamilyalliance@gmail.com
Sliding scale available for those with financial need. Offers Skype sessions. Hoping to start a support group. Specializes in working with transgender individuals and their families.

Tristan W. Byrnes, LMHC
New Transition Therapy
447 3rd Ave N Ste 210
St. Petersburg, FL 33701
813-919-6185
Email: twbyrnes@gmail.com
www.newtransitiontherapy.com
Metro Wellness Community Center
3251 3rd Ave N
St. Pete, FL 33713
727-321-3854
Sliding Scale, doesn’t take insurance. Provides HRT and Surgery letters. Does Skype appointments/sessions.
Dr. David Baker-Hargrove, PhD, LMHC, DAPA, CCFC
801 N. Magnolia Ave., Suite 220
Orlando, FL, 32803
407-963-5664
Email: david@drdavidbakerhargrove.com
http://www.drdavidbakerhargrove.com/
Accepts Blue Cross/Blue Shield, Cigna, Medicaid and Medicare. Offers discount payment options to those paying out-of-pocket (call or email to inquire). Provides HRT and Surgery letters. Provides Skype therapy sessions.

Dominique Barritt
407-701-4230
http://www.dominiquebarritt.com

Primary Care Physicians
Dr. Brenda Berry
407-898-1500
http://brendabarrymd.com

Dr. Pinero
407-426-9693
http://www.pineromedical.com

Dr. Robert Faber
407-425-8121
http://robertmfaber.md.com

Dr. Roberto Ortiz
Bliss Healthcare Services
2901 Curry Ford Rd, Suite #106
Orlando, FL 32806
407-203-5984
Email: Rortiz@blisshs.com

Dr. Adrianne Burrowes
CFP Physicians Group
985 State Road 436
Casselberry, FL 32707
407-831-5252
http://www.cfpphysiciansgroup.com

Dr. Barry Rodwick
Internal Medicine
2349 Sunset Pt Rd # 405
Clearwater, FL 33765
727-216-6193

Dr. Roy Finley
1100 62nd Ave S.
St. Petersburg, FL 33705
727-866-3166

Dr. Hana Clements
1500 Lakeland Hills Blvd # 6
Lakeland, FL 33805
863-687-9333
Dr. Paul Dimarco
417 Corbett St
Belleair, FL 33756
727-441-4581

Dr. Wende Kozlow
3333 Cattleman Road, Suite 104
Sarasota, FL 34232
941-379-1777

Dr. Roberto Ortiz
Bliss Healthcare Services
2901 Curry Ford Rd, Suite #106
Orlando, FL 32806
407-203-5984
Email: Rortiz@blisshs.com

Dr. Brenda M. Barry, M.D.
930 Lake Baldwin Lane
Orlando, FL 32814
(407) 898-1500 ext 10
Email: WomenCare@cfl.rr.com
Accepts most insurances. Does not take minors. Letter required.
Physician that will supervise HRT, OB/GYN, (Estrogen for MTF).

Jan Curtis, M.D.
Altamonte Primary Care
1706 E. Semoran Blvd.
Apopka, FL 32703
(407) 889-0007
Physician that will supervise HRT. (Testosterone for FTM).
LBGT Welcome Center
St. Petersburg, 727-201-4925
http://lgbtwelcomecenter.com/
Email: ChrisR@metrotampabay.org

Metro Wellness & Community Center
St. Petersburg Location
727-321-3854
http://www.metrotampabay.org
Email: info@metrotampabay.org
Tampa Location
813-232-3108
Pasco & Hernando Location
727-494-7625

Transgender & Crossdressers: Phi Epsilon Mu
http://crossdressflorida.com/index.htm
Email: carolync@tampabay.rr.com

Ft. Meyers: Gamma Kappa, Tri-ESS group for Crossdressers
http://gammakappagamma.com
Email: gemini46a@comcast.net

All Transgender: Trans* Support Network of West Central Florida
http://transsupportnetwcf.com/
Email: brandi4961@yahoo.com
Email: rreynolds60@tampabay.rr.com

Central Florida Crossdress/Social Meetup
http://www.meetup.com/Central-Florida-Cds-Tgirls-Social-Meetup/

T-Network, Part of the Orlando LGBT Chamber of Commerce
321-800-3946
http://mbao Orlando.org/
Email: gina.duncan@me.com

Southern Comfort Conference (SCC)
http://southerncomfortconference.org/
Email: Christy@sccatl.org
Zebra Coalition
407-228-1446
www.zebrayouth.org
Email: info@zebrayouth.org
Facebook:
www.facebook.com/zebracoalition

PFLAG Orlando: Parents,
Family & Friends Support
www.pflagorlando.org
Email: pflagorlando@yahoo.com

The Center, Orlando
www.thecenterorlando.org
Email: director@thecenterorlando.org

Tamara J. Reed (Program
Manager & Outreach - LGBTQSA
Special Emphasis)
James A. Haley and C.W. Young
Bay Pines Veterans’ Hospitals
Tampa, FL
(813) 972-2000, ext. 2131
Email: Tamara.Reed@va.gov

Keri K. Griffin-Edenfield
LCSW, CAP
Orlando Veterans Administration
Medical Center (Veterans Only)
Orlando, FL
407-621-2622
Email: Keri.Griffin@va.gov

Veterans Readjustment
Counseling Services
Orlando, FL
1-407-857-2800
Email:
Elizabeth.Jackson3@va.gov

Out & Proud Veterans Of
America
www.outandproudveterans.org

Interactive Online
Veterans Shared
Experiences
www.maketheconnection.net
**Vocal Coaching**

*Barbara Oliver M.Ed.*  
**CCC/SLP, Speech Pathologist** (Voice and Communication Training)  
St. Petersburg  
727-418-3065  
Email: babz1948@gmail.com

**Hair & Makeup**

*Wigs & More* (Trans Owned)  
Port Charlotte  
941-979-9999  
http://www.wigsanmore.com/  
Email: debbiebarry@gmail.com

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**Wig Villa**  
St. Petersburg  
0727-823-3100  
http://www.wigvillaonline.com/  
Email: wigvilla@verizon.net

**Ritzy Rags**  
*Wigs, Breast Forms, Cosmetics*  
Orlando, FL  
407-897-2117  
http://www.ritzyrags.com/  
Email: ritzyragsemail@aol.com

**Vicki McLoughlin**  
Mary Kay Cosmetics  
Orlando, FL  
321-544-5579  
Email: vickimc05@aol.com

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**Transgender Consultation and Transformation Services: Trading Faces**  
*Professional Electrolysis Center*  
Orlando, FL  
407-260-0900  
www.tradingfacesorlando.com

**Orlando Institute For Electrolysis & Laser Hair Removal**  
407-295-2081  
http://orlandoinstitute.com/  
Email: michele@orlandoinstitute.com